

****FOR FOOTNOTE THAT IT DOESNT MATTER IF QUAL AND QUANT SEPARATE.

temporary.

select if Participant# ne 466 and participant# ne 135 and participant# ne 449
and participan# ne 122 and participant# ne 510.

REGRESSION

/MISSING LISTWISE

/STATISTICS COEFF OUTS R ANOVA

/CRITERIA=PIN(.05) POUT(.10)

/NOORIGIN

/DEPENDENT Favorability

/METHOD=ENTER zcontemp ZAnxious6 IntercontempAnx6 zquantcontact zqualcontact

Regression

Notes

Output Created		26-JUL-2016 07:27:46
Comments		
Input	Data	/Users/ann/Desktop/New Analysis for Mindfulness Journal Manuscript/Mindfulness_M S_India_TwoDataset_All_Ps_August_2016_bkup.sav
	Active Dataset	DataSet2
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	323
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on cases with no missing values for any variable used.

Notes

Syntax	<pre> REGRESSION /MISSING LISTWISE /STATISTICS COEFF OUTS R ANOVA /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT Favorability /METHOD=ENTER zcontemp ZAnxious6 IntercontempAnx6 zquantcontact zqualcontact . </pre>	
Resources	Processor Time	00:00:00.02
	Elapsed Time	00:00:00.00
	Memory Required	13008 bytes
	Additional Memory Required for Residual Plots	0 bytes

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Zscore (QualContact), Zscore (Anxious6), InterContempAnx6, Zscore (Contemp), Zscore (QuantContact) ^b	.	Enter

a. Dependent Variable: Favorability

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.645 ^a	.415	.406	.75891

a. Predictors: (Constant), Zscore(QualContact), Zscore(Anxious6), InterContempAnx6, Zscore(Contemp), Zscore(QuantContact)

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	129.738	5	25.948	45.053	.000 ^b
	Residual	182.573	317	.576		
	Total	312.310	322			

a. Dependent Variable: Favorability

b. Predictors: (Constant), Zscore(QualContact), Zscore(Anxious6), InterContempAnx6, Zscore(Contemp), Zscore(QuantContact)

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	4.346	.043		100.938	.000
	Zscore(Contemp)	.015	.044	.016	.350	.727
	Zscore(Anxious6)	-.442	.044	-.448	-10.103	.000
	InterContempAnx6	.171	.043	.174	4.011	.000
	Zscore(QuantContact)	.320	.046	.326	6.965	.000
	Zscore(QualContact)	.111	.046	.113	2.440	.015

a. Dependent Variable: Favorability

****FOOTNOTE DOESNT MATTER IF YOU USE QUAL AND QUANT.

temporary.

select if Participant# ne 540 and participant# ne 216 and participant# ne 494 and participant# ne 162 and participant# ne 251.

REGRESSION

/MISSING LISTWISE

/STATISTICS COEFF OUTS CI(95) R ANOVA

/CRITERIA=PIN(.05) POUT(.10)

/NOORIGIN

/DEPENDENT NegativeTraits

/METHOD=ENTER zcontemp ZAnxious6 IntercontempAnx6 zqualcontact zquantcontact

Regression

Notes

Output Created		26-JUL-2016 07:30:11
Comments		
Input	Data	/Users/ann/Desktop/New Analysis for Mindfulness Journal Manuscript/Mindfulness_M S_India_TwoDataset_All_Ps_August_2016_bkup.sav
	Active Dataset	DataSet2
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	323
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on cases with no missing values for any variable used.
Syntax		REGRESSION /MISSING LISTWISE /STATISTICS COEFF OUTS CI(95) R ANOVA /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT NegativeTraits /METHOD=ENTER zcontemp ZAnxious6 IntercontempAnx6 zqualcontact zquantcontact.
Resources	Processor Time	00:00:00.01
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	Memory Required	13008 bytes
	Additional Memory Required for Residual Plots	0 bytes

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Zscore (QuantContact), Zscore (Contemp), InterContempAnx6, Zscore (Anxious6), Zscore (QualContact) ^b	.	Enter

a. Dependent Variable: NegativeTraits

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.596 ^a	.356	.346	.79070

a. Predictors: (Constant), Zscore(QuantContact), Zscore(Contemp), InterContempAnx6, Zscore(Anxious6), Zscore(QualContact)

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	109.438	5	21.888	35.009	.000 ^b
	Residual	198.189	317	.625		
	Total	307.627	322			

a. Dependent Variable: NegativeTraits

b. Predictors: (Constant), Zscore(QuantContact), Zscore(Contemp), InterContempAnx6, Zscore(Anxious6), Zscore(QualContact)

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	2.610	.045		57.792	.000
	Zscore(Contemp)	.046	.046	.047	1.001	.318
	Zscore(Anxious6)	.567	.046	.578	12.299	.000
	InterContempAnx6	-.079	.044	-.083	-1.809	.071
	Zscore(QualContact)	-.037	.047	-.038	-.795	.427
	Zscore(QuantContact)	-.016	.048	-.016	-.327	.744

Coefficients^a

Model		95.0% Confidence Interval for B	
		Lower Bound	Upper Bound
1	(Constant)	2.521	2.698
	Zscore(Contemp)	-.045	.137
	Zscore(Anxious6)	.476	.658
	InterContempAnx6	-.165	.007
	Zscore(QualContact)	-.130	.055
	Zscore(QuantContact)	-.110	.079

a. Dependent Variable: NegativeTraits

**FOOTNOTE THAT IT DOESNT MATTER IF USE QUAL AND QUANT.

temporary.

select if Participant# ne 251 and Participant# ne 129 and participant# ne 466
and participant# ne 436.

REGRESSION

/MISSING LISTWISE

/STATISTICS COEFF OUTS R ANOVA

/CRITERIA=PIN(.05) POUT(.10)

/NOORIGIN

/DEPENDENT PositiveTraits

/METHOD=ENTER zcontemp ZAnxious6 IntercontempAnx6 zqualcontact zquantcontact

Regression

Notes

Output Created		26-JUL-2016 07:31:41
Comments		
Input	Data	/Users/ann/Desktop/New Analysis for Mindfulness Journal Manuscript/Mindfulness_M S_India_TwoDataset_All_Ps_August_2016_bkup.sav
	Active Dataset	DataSet2
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	N of Rows in Working Data File	324
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on cases with no missing values for any variable used.
Syntax		REGRESSION /MISSING LISTWISE /STATISTICS COEFF OUTS R ANOVA /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT PositiveTraits /METHOD=ENTER zcontemp ZAnxious6 IntercontempAnx6 zqualcontact zquantcontact.
Resources	Processor Time	00:00:00.01
	Elapsed Time	00:00:00.00
	Memory Required	13008 bytes
	Additional Memory Required for Residual Plots	0 bytes

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Zscore (QuantContact), Zscore (Contemp), InterContempAnx6, Zscore (Anxious6), Zscore (QualContact) ^b	.	Enter

a. Dependent Variable: positivetraits

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.570 ^a	.324	.314	.64289

a. Predictors: (Constant), Zscore(QuantContact), Zscore(Contemp), InterContempAnx6, Zscore(Anxious6), Zscore(QualContact)

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	63.106	5	12.621	30.537	.000 ^b
	Residual	131.432	318	.413		
	Total	194.538	323			

a. Dependent Variable: positivetraits

b. Predictors: (Constant), Zscore(QuantContact), Zscore(Contemp), InterContempAnx6, Zscore(Anxious6), Zscore(QualContact)

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	3.614	.036		99.236	.000
	Zscore(Contemp)	-.009	.037	-.012	-.256	.798
	Zscore(Anxious6)	-.252	.037	-.324	-6.786	.000
	InterContempAnx6	.084	.035	.113	2.413	.016
	Zscore(QualContact)	.165	.038	.211	4.277	.000
	Zscore(QuantContact)	.232	.039	.298	5.969	.000

a. Dependent Variable: positivetraits

FOOTNOTE IT DOESNT MATTER USE QUAL AND QUANT.

>Error # 1. Command name: FOOTNOTE

>The first word in the line is not recognized as an SPSS Statistics command.

>Execution of this command stops.

temporary.

select if Participant# ne 147 and participant# ne 541 and participant# ne 436
and participant# ne 120 and participant# ne 254.

REGRESSION

/MISSING LISTWISE

/STATISTICS COEFF OUTS R ANOVA

/CRITERIA=PIN(.05) POUT(.10)

/NOORIGIN

/DEPENDENT favorother

/METHOD=ENTER zcontemp ZAnxious6 IntercontempAnx6 ZQualcontact ZQUANTcontact
t gender.

Regression

Notes

Output Created		26-JUL-2016 07:34:20
Comments		
Input	Data	/Users/ann/Desktop/New Analysis for Mindfulness Journal Manuscript/Mindfulness_MS_India_TwoDataset_All_Ps_August_2016_bkup.sav
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	Split File	<none>
	N of Rows in Working Data File	323
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on cases with no missing values for any variable used.
Syntax	<pre> REGRESSION /MISSING LISTWISE /STATISTICS COEFF OUTS R ANOVA /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT favorother /METHOD=ENTER zcontemp ZAnxious6 IntercontempAnx6 ZQualcontact ZQUANTcontact gender. </pre>	
Resources	Processor Time	00:00:00.01
	Elapsed Time	00:00:00.00
	Memory Required	13712 bytes
	Additional Memory Required for Residual Plots	0 bytes

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Gender?, Zscore (QualContact), InterContempAnx6, Zscore (Anxious6), Zscore (Contemp), Zscore (QuantContact) ^b	.	Enter

a. Dependent Variable: Favorother

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.578 ^a	.334	.321	.82703

a. Predictors: (Constant), Gender?, Zscore(QualContact), InterContempAnx6, Zscore(Anxious6), Zscore (Contemp), Zscore(QuantContact)

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	108.376	6	18.063	26.409	.000 ^b
	Residual	216.135	316	.684		
	Total	324.511	322			

a. Dependent Variable: Favorother

b. Predictors: (Constant), Gender?, Zscore(QualContact), InterContempAnx6, Zscore(Anxious6), Zscore (Contemp), Zscore(QuantContact)

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	4.653	.146		31.850	.000
	Zscore(Contemp)	.036	.048	.036	.739	.461
	Zscore(Anxious6)	-.510	.048	-.504	-10.532	.000
	InterContempAnx6	.137	.045	.142	3.035	.003
	Zscore(QualContact)	-.016	.050	-.016	-.316	.752
	Zscore(QuantContact)	.164	.050	.164	3.283	.001
	Gender?	-.202	.095	-.101	-2.137	.033

a. Dependent Variable: Favorother

****FOOTNOTE DOESNT MATTER QUAL QUANT.

temporary.

select if Participant# ne 155 and participant# ne 129 and participant# ne 147

.

REGRESSION

/MISSING LISTWISE

/STATISTICS COEFF OUTS R ANOVA

/CRITERIA=PIN(.05) POUT(.10)

/NOORIGIN

/DEPENDENT NegativeOther

/METHOD=ENTER zcontemp ZAnxious6 IntercontempAnx6 ZQUALcontact ZQUANTcontac

t.

Regression

Notes

Output Created		26-JUL-2016 07:36:47
Comments		
Input	Data	/Users/ann/Desktop/New Analysis for Mindfulness Journal Manuscript/Mindfulness_M S_India_TwoDataset_All_Ps_August_2016_bkup.sav
	Active Dataset	DataSet2
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	325
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on cases with no missing values for any variable used.
Syntax	<pre> REGRESSION /MISSING LISTWISE /STATISTICS COEFF OUTS R ANOVA /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT NegativeOther /METHOD=ENTER zcontemp ZAnxious6 IntercontempAnx6 ZQUALcontact ZQUANTcontact. </pre>	
Resources	Processor Time	00:00:00.01
	Elapsed Time	00:00:00.00
	Memory Required	13008 bytes
	Additional Memory Required for Residual Plots	0 bytes

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Zscore (QuantContact), Zscore (Contemp), InterContempAnx6, Zscore (Anxious6), Zscore (QualContact) ^b	.	Enter

a. Dependent Variable: Negativeother

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.520 ^a	.271	.259	.83908

a. Predictors: (Constant), Zscore(QuantContact), Zscore(Contemp), InterContempAnx6, Zscore(Anxious6), Zscore(QualContact)

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	83.103	5	16.621	23.607	.000 ^b
	Residual	223.888	318	.704		
	Total	306.991	323			

a. Dependent Variable: Negativeother

b. Predictors: (Constant), Zscore(QuantContact), Zscore(Contemp), InterContempAnx6, Zscore(Anxious6), Zscore(QualContact)

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	2.347	.048		49.310	.000
	Zscore(Contemp)	.121	.048	.125	2.509	.013
	Zscore(Anxious6)	.454	.048	.467	9.429	.000
	InterContempAnx6	-.095	.045	-.102	-2.102	.036
	Zscore(QualContact)	.000	.050	.000	.002	.998
	Zscore(QuantContact)	-.048	.051	-.049	-.937	.349

a. Dependent Variable: Negativeother

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***Footnote DOESNT MATTER QUAL QUANT
temporary.
select if  Participant# ne 495 and participant# ne 539 and participant# ne 129
.
REGRESSION
  /MISSING LISTWISE
  /STATISTICS COEFF OUTS R ANOVA
  /CRITERIA=PIN(.05) POUT(.10)
  /NOORIGIN
  /DEPENDENT positiveOther
  /METHOD=ENTER  zcontemp ZAnxious6 IntercontempAnx6 ZQUALcontact ZQUANTcontac
t.

```

Regression

Notes

Output Created		26-JUL-2016 07:37:53
Comments		
Input	Data	/Users/ann/Desktop/New Analysis for Mindfulness Journal Manuscript/Mindfulness_M S_India_TwoDataset_All_Ps_August_2016_bkup.sav
	Active Dataset	DataSet2
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	325
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on cases with no missing values for any variable used.
Syntax		REGRESSION /MISSING LISTWISE /STATISTICS COEFF OUTS R ANOVA /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT positiveOther /METHOD=ENTER zcontemp ZAnxious6 IntercontempAnx6 ZQUALcontact ZQUANTcontact.
Resources	Processor Time	00:00:00.01
	Elapsed Time	00:00:00.00
	Memory Required	13008 bytes
	Additional Memory Required for Residual Plots	0 bytes

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Zscore (QuantContact), Zscore (Contemp), InterContempAnx6, Zscore (Anxious6), Zscore (QualContact) ^b	.	Enter

a. Dependent Variable: Positiveother

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.448 ^a	.201	.188	.71823

a. Predictors: (Constant), Zscore(QuantContact), Zscore(Contemp), InterContempAnx6, Zscore(Anxious6), Zscore(QualContact)

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	41.230	5	8.246	15.985	.000 ^b
	Residual	164.041	318	.516		
	Total	205.270	323			

a. Dependent Variable: Positiveother

b. Predictors: (Constant), Zscore(QuantContact), Zscore(Contemp), InterContempAnx6, Zscore(Anxious6), Zscore(QualContact)

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	3.780	.041		92.784	.000
	Zscore(Contemp)	.047	.042	.059	1.135	.257
	Zscore(Anxious6)	-.280	.041	-.353	-6.794	.000
	InterContempAnx6	.090	.039	.118	2.324	.021
	Zscore(QualContact)	.015	.043	.019	.351	.725
	Zscore(QuantContact)	.167	.043	.210	3.869	.000

a. Dependent Variable: Positiveother