Electronic Supplementary Material

Supplemental Fig. 1 Distribution of CD14^+HLA-DR^+ cells in peripheral blood in male and female participants following each treatment. The treatment effect on the percentage of CD14^+HLA-DR^+ cells differed by gender (Supplementary Fig. 1; F_{(4,97)}=2.69, p_{treatment*gender}=0.0366). The increase in the percentage of CD14^+HLA-DR^+ cells following consumption of all yogurt-containing treatments occurred only in male participants. Data are presented as least squares means ± 95% CI. Post hoc analyses were conducted using Bonferroni correction for multiple comparisons. Asterisk has indicated a significant difference from male participants at baseline (*p<0.05, ***p<0.001). Pond has indicated a significant difference from female participants at the same treatment period (#p<0.05, ####p<0.001).