**Question**: Should scheduled post-operative follow up vs. no post-operative follow up be used in patients undergoing bariatric surgery?

<table>
<thead>
<tr>
<th>№ of studies</th>
<th>Study design</th>
<th>Risk of bias</th>
<th>Inconsistency</th>
<th>Indirectness</th>
<th>Imprecision</th>
<th>Other considerations</th>
<th>№ of patients</th>
<th>Effect</th>
<th>Certainty</th>
<th>Importance</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>randomised trials</td>
<td>serious</td>
<td>serious</td>
<td>not serious</td>
<td>not serious</td>
<td>strong association</td>
<td>163</td>
<td>163</td>
<td>-</td>
<td>MODERATE</td>
</tr>
</tbody>
</table>

**Weight loss/weight regain (follow up: range 6 months to 12 months; assessed with: %EWL)**

- **Relative (95% CI)**: MD 1.6 higher (0.82 higher to 2.38 higher)

**Certainty** assessment:
- **Importance**

**Certainty**
- **Importance**

**CI**: Confidence interval; **MD**: Mean difference